

#NOGO  
YOUTH  
CON18

# PACKING LIST

## Essentials

- o Bedding (Sleeping bag or sheets & blankets for a twin bed)
- o Pillow
- o Flashlight & extra batteries
- o Pajamas
- o Underwear, socks
- o T-shirts
- o Long Sleeved Shirts
- o Sweaters
- o Long pants
- o Warm Jacket
- o Outdoor Shoes (insulated boots)
- o Indoor shoes (Slippers or Moccasins or clean shoes)
- o Rain Jacket
- o Hat & Mitts & Scarf
- o Water Bottle
- o Tea/coffee travel mug
- o Long underwear/ layers
- o Phone Charger
- o An item of cultural significance (This is for our first ice breaker)

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## Writing Materials

- o Journal/notebook or writing pad
- o Pencils/pen

## Personal Hygiene Items

- o Towel
- o Facecloth
- o Soap
- o Shampoo & Conditioner
- o Hairbrush
- o Toothbrush & Toothpaste
- o Deodorant

## Optional Items

- o Daypack/knapsack
- o Alarm clock



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## PACKING LIST

This is a 100% alcohol and drug free event.  
Please do not bring these items.

Food/snacks/drinks are not allowed in the  
cabins as it will attract wildlife.

Water bottles are okay!

This is a 100% NUT FREE facility, please do  
not bring these items.

